

**POETICS OF AGING CONFERENCE SCHEDULE - SATURDAY, NOVEMBER 19, 2011**

DATE	ROOM	CEU-ELIGIBLE	START TIME	END TIME	EVENT TYPE	TITLE	SUMMARY	PRESENTER/S
<b>Sat, Nov 19, 2011</b>								
Sat, Nov 19, 2011	Front Lobby/Halls		8:00 AM	5:00 PM	Registration, Coffee, & Exhibits	Poetics of Design Exhibit	Check out the Poetics of Design Exhibit.	
	MLK		8:00 AM	9:00 AM	Poster Sessions		Presentation of research, art, and other information by educators, artists, and healthcare professional. Easy, walk-through format that allows for one-to-one or small group presentation and discussion. Poster will be available for viewing through the conference during breaks and lunch.	Ann Marie Davis Nancy Thompson
	Sanctuary		8:30 AM	8:45 AM	Arts Performance	Songs from A New Wrinkle	The songwriter previews A New Wrinkle, her provocative, witty musical revue on aging and sings Baba Yaga's Raga a capella. Then she plays recorded versions of Passing for Young and Sex after Sixty.	Gaea Yudron
	Sanctuary		8:45 AM	9:00 AM	Introductions	Opening	How do we re-vision our usefulness throughout the seasons of our lives? Who and/or what decides on how we use our potential? What ideas determine the roles which we inhabit as we age? How do we become the author of our lives in the context of community?	Nader Shabahangi Sally Gelardin
	Sanctuary/Star King	RN, LCSW, MFT, NHA, NCC, GCDF	9:00 AM	11:45 AM	Keynote	Living Well with Metaphors	Metaphors can be used as conceptual containers for both understanding and enhancing experience. As a starting point, participants will be challenged to identify common personal and work metaphors. Metaphors that have been woven into the fabric of the conference will be highlighted. The opening address will be based on Dr. Amundson's books – "Metaphor Making: Your Career, Your Life, Your Way" and "Physics of Living". After a 15-minute break at 10:00 am, participants will divide into breakout groups, where they will explore ways in which metaphors can be identified, expanded upon, enriched and even changed as part of a positive life/work evolving process. A card sort activity will be introduced for the upcoming metaphor breakout exercise, followed by a debriefing by the speaker.	Norm Amundson
	Front Lobby/Halls		11:45 AM	12:00 PM	BREAK	Book Signing	Authors/Artists/Poets of the Day	
	Macondray	RN, LCSW, MFT, NHA	9:00 AM	12:00 PM	Workshop	(EHI Certificate) Thirteen Interventions for an Existential-Humanistic Therapist	This workshop will demonstrate a range of therapeutic interventions (philosophical, relationship, and skills) that emphasize and elucidate the principles, theory, and practice of existential-humanistic therapy. Participants will learn 13 specific existential-humanistic interventions in 3 different areas (philosophical, relationship and skills).	Bob Edelstein
	Kincaid	RN, LCSW, MFT, NHA, RCFE	10:30 AM	11:45 AM		Forgiveness and Self-Forgiveness: Keys to Effective Family Communications Across Generations	This participatory presentation demonstrates the principles and process of Forgiveness and Self-Forgiveness, and how it can help families overcome barriers to effective communication throughout challenging life stages. Participants will have the opportunity to experience applying and practicing key forgiveness techniques in a role play demonstration and participatory exercise.	Katharina Dress & Janice Wallace
	Murdock	RN, LCSW, MFT, NHA, RFCE				Sandtray, Aging, Self and Dementia	Life can be challenging, yet old age offers the quintessential opportunity to resolve unfinished business and to grow into who we were meant to be. Through slides of sand trays created by elders, both with and without dementia, this session shows the power and potential of using sand tray with elders to help them cope with the past and the present.	Linda Cunningham
	Chapel	RN, LCSW, MFT, NHA, RFCE				(EHI) Dance/Movement Therapy-Based Nonverbal Communication Training for Caregivers	A 36-hour dance/movement therapy-based (DMTB) nonverbal communication training for caregivers of people with dementia was designed for staff caregivers and family members. By expanding our imaginative capacity to relate nonverbally through movement, caregivers' understanding of how bodily movement and nonverbal communications may be received by a person with dementia is enhanced.	Meg Chang Donna Newman-Bluestein
	Star King/Front Lobby/Halls		12:00 PM	1:00 PM	LUNCH	Book Signing	Authors/Artists/Poets of the Day	
	MLK/Fireside	RN, LCSW, MFT, NHA, NCC, GCDF	1:00 PM	3:15 PM	Keynote	Amundson, Infusing Hope into Life and Career	Aging well in life and in work depends on the design and the construction of hope-centered stories and metaphors. Each age carries with it the challenge of creating visual platforms that encourage and support opportunities as well as new possibilities. Dr. Amundson will explore the importance of using a hope-centered approach in questioning and in the use of metaphors for individuals of diverse backgrounds and with a variety of values, skills, and experiences. After a 15-minute break at 2:00 PM, participants will experience practical exercises to apply material from "Career Flow: A Hope-Centered Approach to Career Development" and "Hope-Filled Engagement" to create the foundation for a hope-centered approach in questioning and the use of metaphors.	Norm Amundson
	Front Lobby/Halls		3:15 PM	3:30 PM	BREAK	Book Signing	Authors/Artists/Poets of the Day	

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	Murdock	RN, LCSW, MFT, NHA	2:00 PM	3:15 PM	Workshops	(EHI Certificate) The Nature of Contact	Contact is not just togetherness or joining. Contact can only happen between separate beings, always requiring independence and always risking capture in the union. At the moment of union, one's fullest sense of being is swept along into a new creation. Contactfulness with others implies being in contact with oneself.	Sonja Saltman
	Kincaid	RN, LCSW, MFT, NHA				(EHI) Open to Not Knowing: Humanistic and Transpersonal Approaches to Psychotherapy With Elders With Dementia	Participants deepen their "felt sense" of both the experience of forgetfulness and the urgency of addressing this progressive condition. Humane and holistic care approaches (specifically process-work and existential-humanistic intervention strategies) address the often dismissive measures of the traditional "medical model" of dementia treatment.	Matt Spalding Puran Khalsa
	Chapel	RN, LCSW, MFT, NCC	2:00 PM	3:15 PM	Workshops	Legacy: What Do I Want to Pass on to the Next Generation?	For many of us over sixty, the notion of leaving a legacy to the next generation is an integral aspect of our evolution. This workshop addresses the question What is my legacy and how do I pass it on? The workshop describes the metaphorical tool of convening a Council of the different parts of our personality, under the guidance of our Inner Elder, to address this question. Through discussion and guided imagery participants will initiate the process of their Council and be given guidance about how to continue the process following the conference until a creative synthesis of ideas emerges as a resolution.	Bill Ryan
	MLK	RN, LCSW, MFT, NHA, NCC, GCDF	3:15 PM	4:30 PM	Workshops	What the Great Masters of Art Can Teach Us About Living with Creativity, Vitality and Meaning in the Second Half of Life	The creative process and skills of the great artists are directly relevant to personal and professional vitality. Learn how to enhance your personal creativity and develop (regardless of profession) a client's creative skills, while generating co-creating moments that catapult the relationship to new levels of exploration, discovery, and authenticity. The presentation is an outgrowth of over 100 in-depth interviews.	Fred Mandell
	Kincaid	RN, LCSW, MFT, NCC				(EHI)Cultivating the Elder Body of Wisdom	This presentation will illustrate, by way of experiential exercises, theoretical material, and group discussion, unique approaches to body cultivation that are possible for elders in ways that are not available in earlier years of life. Specific strategies of movement, body awareness, breathing awareness, and balance exercises will be given, with emphasis on how they are contextualized within the advanced experience and subtle intelligence of elders.	Don Hanlon-Johnson
	Chapel	RN, LCSW, MFT, NHA				(EHI Certificate) In Search of The Inner Elder: the Challenge of Adding Wisdom Besides Years	The concept of living requires from us that we occupy a central role in our life as it unfolds. Awareness of our meeting with others highlights every aspect of ourselves in motion and action and being. Wisdom is the ability to witness it all with acceptance without having to rush to denial, negation, negotiation or even action. Staying with moment-to-moment awareness of changing perceptions can provide us with insights and delivers a less demanding self that can observe itself without the need to change prematurely.	Sonja Saltman Candice Hirshman
	Murdock	RN, LCSW, MFT, NHA				Laughter is the Best Medicine: Adapting Laughter Yoga for Older Adults	Experience the powerful healing effects of laughter in this participatory session! Join us to learn the many proven medical benefits of extended laughter and how the presenter has creatively adapted the practice of Laughter Yoga to benefit older adults.	Carmela Carlyle Tommy Westerfield
	Star King		4:30 PM	5:15 PM	Entertainment	Sneak Preview of Counter Attack	A play dealing with breaking the stereotypes of aging working professionals. The play is loosely based on the award-winning book Counter Culture by Candacy Taylor (featured in the New Yorker and SF Chronicle).	Joan Mankin
	Star King	RN, LCSW, MFT, NHA, NCC, GCDF	5:15 PM	6:00 PM	Closing	Moving into the Circle	As we draw to a close, the community will create a brief harmonizing ritual using spontaneous sound. This practice is based on a somatics approach to interaction that uses voice, sound, touch, and movement.	Hanna Takashige
						Closing	We all stand on the shoulders of our elders. Their kindness, care, attention and guidance has influenced us greatly in becoming who we are today. Registrants and presenters are welcome to think of an elder (of any age) who made a difference in their life and whom they would like to honor through this dedication. The Talking Stick is a symbol of what we have given to and taken away from this conference.	Nader Shabahangi Sally Gelardin